

Welcome to our family newsletter.

We currently have 113 volunteers, with 22 in training. In the last 6 months we have supported 114 families.

What families say:



“It was useful to have someone other than a family member to talk to and work through any issues or ideas, just like a friend would do”.

“My volunteer is lovely and it has been really useful”

“I suffered from severe post-natal depression and had very bad agoraphobia. Home-Start sent a volunteer to my house to support guide me from that point on and I

started to go out and have confidence as a mum and socially.’

80% of families say that having someone to talk to is helpful.

We are looking at extending the type of support we offer to include access to a volunteer via a private messaging service or video/audio system such as Skype. This might be as well as home visits, or if a family prefers, instead of.

We would like to know what you think.

If you think this would be useful to some families please text or email the word YES (or pass your comment back via your volunteer or Coordinator)

Text YES to 07729991868 Or Email YES to homestart.shpt@gmail.com

Useful information

For information about local activities and groups in your area visit your local Children’s Centre. Not sure where it is?

Check the website

Torbay - <http://www.torbay.childrenscentres.org>

South Hams <http://www.southhamschildrenscentres.org.uk>

Plymouth - <http://www.plymouthonlinedirectory.com>

West Devon - <http://www.westdevonchildrenscentre.co.uk>