



Support and friendship for families

Our impact in 2017

Our Vision:

every parent has the support they need to give their children the best start in life



What we do: Our volunteers visit families at home for two hours a week. They listen, and offer support based on their own experiences of the ups and downs of being a parent.

Last year we supported 131 families Plymouth, Tavistock, Torbay, and the South Hams

131



100%

of families we asked said they felt other families would benefit from a Home-Start volunteer



90%

of families felt that volunteers can help families feel less isolated and get out and about



Quote

“I feel I can deal with stressful things at home. Before the support I felt overwhelmed.” (Supported family, interview)

Our volunteers are committed and caring people who offer their time freely.



Our volunteers benefit from being involved too:

59%

Of our volunteers said their self-confidence had improved after attending our initial training course.

88%

Saw an improvement in at least one area of knowledge and skills

Quote

"It gives me such satisfaction that just a few hours of my time can make a difference to a family who are struggling with the challenges of everyday life."
(Volunteer, online survey)



Quote

"This is an amazing service. ... there is such a need for this support, thank you!!!"
(Referrer, online survey)

